

Aragão Canteen Menu

R31

Week – 22nd to 26th April 2024

Monday (22-04-2024)

Soup: Carrot cream.

Dish: Valencian rice, lettuce, red cabbage and carrot salad.

Veg. Dish: Vegetables with Valencian rice and salad.

Dessert: Seasonal Fruit.



Tuesday (23-04-2024)

Soup: Broccoli.

Dish: Hake au gratin with vegetables and shoestring potato, lettuce, beetroot and pepper salad.

Veg. Dish: Pasta au gratin with mushrooms, vegetables and salad.

Dessert: Seasonal Fruit.



Wednesday (24-04-2024)

Soup: Spinach.

Dish: Veal steaks with pea rice, lettuce, arugula and corn salad.

Veg. Dish: Mixed Chinese vegetables with pea rice and salad.

Dessert: Seasonal Fruit.



Thursday (25-04-2024)

Soup:

Dish:

Veg. Dish:

Dessert:

Holiday



Friday (26-04-2024)

Soup: Beans with cabbage.

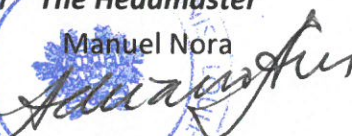
Dish: Fish pasta with coriander, lettuce, tomato and pepper salad.

Veg. Dish: Lentil pasta with spinach, carrots, coriander and salad.

Dessert: Seasonal Fruit.



*The menu is subject to change

The Headmaster
Manuel Nora

Quarteira

Date

18th April 2024